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***Blended Learning Format** - Online component (purchased through the AHA) and in-person skills testing.

In-Person Classroom Format – Instructor, video, skill sessions and testing; textbook and supplies are included.

All BLS, Heartsaver® and K-12 courses come with a 2-year certification card.

Basic Life Support (BLS) CPR & AED Training for Healthcare Professionals

The BLS Provider CPR Course trains participants to promptly recognize several life-threatening emergencies, give high-quality CPR, deliver appropriate ventilations, and provide early use of an AED. BLS is geared towards prehospital providers, like EMT's, paramedics, fire fighters, nurses and in-facility hospital or clinical providers.

***Blended Learning Format – Online + Skill Testing Session.** The American Heart Association online HeartCode® training course is sold separately through the AHA website. Each student completes the online course, including the exam, and then schedules a testing time with Pulse CPR Academy. Students must bring their completion certificate and a current BLS book to their testing session. Books are available if needed for purchase at the time of skill testing. Certification cards are assigned at the end of testing.

In-Person Classroom Format- Renewal or Full BLS Course with instruction, video, skill sessions, testing, and certification.

Heartsaver® Courses

These courses are designed for anyone with little or no medical training who need First Aid, and/or CPR/AED training with a 2-year course certification card for job, regulatory (e.g. OSHA), or other requirements.

Heartsaver® courses help to prepare you to act in an emergency. Recommended for teachers, restaurant workers, winery workers, school employees, or community members. Choose the Heartsaver® course you are interested in as each course specializes in different skills. By having this knowledge and skills, ***YOU can make a difference in someone's life!***

Heartsaver® CPR/AED

Heartsaver® CPR/AED teaches students critical skills needed to respond and manage an emergency until emergency medical services arrive. Skills covered in this course include: choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This CPR/AED training will teach students to provide high quality CPR and how to use an automated external defibrillator (AED) in a safe, timely, and effective manner. Available in a ***Blended Learning** or an **In-Person Classroom Format**.

Heartsaver® First Aid, CPR/AED

These combined courses are intended for anyone with limited or no medical training who need a certification card in First Aid and CPR/AED to meet job, regulatory, or other requirements, or it can also be taken by those who simply want to be prepared for an emergency in any type of setting. Skills covered in this course include: first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. The CPR/AED component of this training will teach students to provide high quality CPR and how to use an automated external defibrillator (AED) in a safe, timely, and effective manner. The First Aid component will teach students the duties and responsibilities of first aid rescuers; first aid actions for medical emergencies, including severe choking, heart attack, and stroke; and skills for handling injury and environmental emergencies, including external bleeding, broken bones/sprains, and bites/stings. Available in a ***Blended Learning** or an **In-Person Classroom Format**.

Heartsaver® First Aid trains participants first aid basics for most common emergencies, including how to recognize them, how to call for help and how to perform lifesaving skills. This course addresses: first aid basics, medical emergencies, injury emergencies, environmental emergencies and the prevention of illnesses and injuries. Available in a ***Blended Learning** or an **In-Person Classroom Format**.

Heartsaver® K-12 Certification is designed for students in K-12 schools. Two courses are offered: (1) First Aid and (2) choking relief with CPR/AED the for adult, child and infant. Each course offers a 2 year certification card, the same as the Heartsaver® certification courses. An amazing skill set for any student wanting to learn life-saving skills or if they need First Aid or CPR/AED certification to fulfill a requirement for their organization, volunteer opportunity, babysitting, Scouting America, Girl Scouts of the USA, etc.

Family & Friends CPR This course is for people who want to learn to perform CPR but do not need a CPR/AED course certification card to meet a job requirement. Course completion certificates are available. Recommended for community groups or anyone interested in learning how to manage emergencies. Family training is available. Bring your family and friends to learn together to make a difference!

AHA Certification Courses	AHA Online Website *Blended Learning Format	Cost: *Blended Learning = Online + In-Person Skills Testing or In-Person Classroom Format
*Blended Learning: BLS Education Online (Bring or buy a BLS book)	\$36.00 HeartCode® BLS	\$65.00 In-Person BLS Skill Testing (35-40 min per person)
In-Person Classroom: BLS Renewal		\$65.00 (Bring or buy a BLS book)
Classroom: BLS Certification		\$85.00 (Book and certification card included)
*Blended Learning: Heartsaver® CPR/AED Online (Bring or buy a book)	\$16.50 Online	\$65.00 In-Person Skill Testing
In-Person Classroom: Heartsaver® CPR/AED		\$75.00 (Book and certification card included)
In-Person Classroom: Heartsaver® First Aid		\$75.00 (Book and certification card included)
*Blended Learning: Heartsaver® First Aid with CPR/ AED	\$21.00 Heartsaver® Total	\$75.00 In-Person Skill Testing (Bring your book or purchase in-person)
In-Person Classroom: Heartsaver® First Aid/CPR/AED		\$85.00 (Book and certification card included)
*Blended Learning: Heartsaver® Pediatric First Aid, CPR/AED (Bring or buy a book)	\$21.50 Heartsaver® Pediatric First Aid/ CPR/AED	\$65.00 In-Person Skill Testing
In-Person Classroom: K-12 Heartsaver® First Aid <u>or</u> Choking Relief with CPR/AED for the adult, child and infant.		\$35.00 (One Course- Book and certification card included) Additional K-12 course is +\$20.00
In-Person Classroom: Family & Friends CPR		\$30.00 (Book and certificate included)
Available additional items (if needed)		
BLS Book		\$24.00
Heartsaver® Books		\$12.00

***Blended Learning Courses:** For individuals that want the convenience of learning at home. Print out your online course completion certificate and bring it with your course book to your in-person skills session. If you do not own a current book, you may buy one at time of testing.

In-Person Classroom Courses: In-person classes are taught in the classroom with the instructor. This format includes instruction, video, skills practice, and testing. Books, supplies and certification cards or certificates are included. This is an enjoyable atmosphere making learning fun with others while taking away life-long skills.